

METRO HIGH SCHOOL BASEBALL 2023

EXPENSES

Umpires=	\$5,265	
Field Cost=	\$1,165	D1 TEAMS PAY= \$405 x 11= \$4,455
Scheduler=	\$50	D2 TEAMS PAY= \$445 x 5 = \$2,225
Misc.=	\$200	*Payable to Ecole Secondaire Mosaique

TOTAL: \$6,680

FIELDS

Woodside 2
BJ Higgins
Conrad
Weir
Mainland
Dennis Naugle

EXTRA COST PER TEAM

1 Dozen baseballs
1 Set of bases

ADDED RULES

Coin flip for all regular season games. In the playoffs the team with the better seeding is home team.

If regular season games end tied after 7 innings, the game will be recorded as a tie.

Playoff Format- Top 3 teams from division A & B and top 4 teams from division C make the playoffs.

Please refer to baseball rules specific to SSNS, rules of baseball, BNS pitch count forms.

The League will follow the rules and regulations as defined by BNS 18U AAA with SSNS specific regulations. Grade 10 players will follow 15U guideline. **New pitch count rules are in effect**, Baseball Canada page cc9 (3),(4) and (5), **A pitcher's 2 day count cannot exceed 105 and a pitcher's combined 4 day count cannot exceed 150.**

Teams will be permitted to use a DH. **No re-entry rule** is in effect.

Pitch count rules have been added with the schedule, please follow for the safety of the players.

If a player or coach is written up by the Umpires Association that person will be suspended from any further games.

ASSISTANCE NEEDED WITH THE FOLLOWING:

Teams slated for the first game each night can help with field set up. For example, lining the field and placing bases. As well, teams playing in the late game will need to work together to get the bases.

HUSTLE!! Please do your best to be ready 15 mins before your scheduled time and hustle in between innings.

The umps we only allow 4 warm up pitches between innings unless it's a new pitcher, that player will get the regular 8.

If time is tight no infield/outfield warm up for the 2nd game. We want to make sure both games each night get completed.

Lights at BJ Higgins, Conrad, Weir and Mainland will come on automatically, Woodside you need to push a button in the light box. The lights come on at dusk (7:30) and go out at (11:15).

The BJ Higgins field will have a liner, flour and bases in the box, on the 3rd base side, code is 2723. Please make sure to lock it when finished. Woodside, Weir and Conrad you the coaches will need to bring the necessary items for those games.

We will need liners to line the baselines, flour supplied. I will try and drop off flour each night or give a bag to each coach.

Each team supplies their own baseballs, bases and first aid kit.

All scores and pitch counts must be reported to League official or your AD by noon the following day.

Please make sure your AD forwards the info to me.

League Official- Eddie Longaphy 902-483-5860 or at edlongaphy@ns.sympatico.ca

AD in charge is Alex Dawe at Ecole Secondaire Mosaique alexander.dawe@sepne.ca