

### **RULES GOVERNING 18U DIVISION**

**RULES GOVERNING ARM SMART (PITCH COUNT) in  
18U DIVISION  
Refer to page cc9.**

### **RULES GOVERNING ARM SMART (PITCH COUNT) in 11U, 13U, 15U BOYS & 16U GIRLS, 18U, 22U Men, and CANADA CUP**

**Rules Governing the Pitcher  
(Exhibition Play, League Play, Play-Off's, Tournaments, & Championships)**

#### **6.02**

- (1) Any player on the team is eligible to pitch, and there are no restrictions to the number of pitchers a manager may use in a game.
- (2) Pitchers shall be permitted to have 2 appearances in the same calendar day. If a pitcher requires a rest following 1<sup>st</sup> appearance, they cannot return in the same calendar day.
- (3) If a pitcher meets the requirements to pitch on consecutive days and the pitcher does not go over the first daily threshold during game 1, they are permitted to have a 2nd appearance in the same calendar day. Pitchers will not be permitted to exceed the maximum daily allowable number of pitches in any two day period.

Pitchers cannot pitch in 3 games during a day.

Example: A 11U pitcher throws 20 pitches on Day 1. On Day 2, that pitcher is limited to 55 pitches. A 15U pitcher throws 25 pitches on Day 1. On Day

2, that pitcher is limited to 70 pitches. A 22U Men pitcher throws 45 pitches on Day 1. On Day 2, that pitcher is limited to 70 pitches.

- (4) Pitcher cannot pitch 3 consecutive days unless a pitcher's first 2 days combined does not exceed:

11U : 25      15U Boys / 16U Girls : 35

13U: 30      18U/Canada Cup/Canada Games : 40

If pitcher's day 1 + day 2 exceeds figure above for their division, they require at least 1 days rest.

Pitcher cannot pitch 4 consecutive days. One (1) days rest is needed.

A Pitcher's combined 4 day pitch count cannot exceed:

11U : 105      15U Boys / 16U Girls : 135

13U: 120      18U/Canada Cup/Canada Games: 150

21U Women/22U Men: 165

- (5) Pitchers and managers shall follow the following guidelines:

11U	13U	15U Boys 16U Girls	18U Canada Cup Canada Games	22U Men & 21U Women	Rest required
1-25	1-30	1-35	1-40	1-45	None
26-40	31-45	36-50	41-55	46-60	1 day
41-55	46-60	51-65	56-70	61-75	2 days
56-65	61-75	66-80	71-85	76-90	3 days
66-75	76-85	81-95	86-105	91-115	4 days
75	85	95	105	115	Maximum

- (6) The official scorekeeper will calculate the total pitches thrown for that calendar day and determine the required rest starting the next calendar day. Athletes must not exceed the maximum pitch count total for that day.
- (7) Once a player assumes the position of pitcher, they cannot catch for the remainder of the day.
- (8) Pitchers will be permitted to finish the batter if his or her maximum pitch limit has been reached for that calendar day.
- (A) When a pitcher reaches the maximum number of pitches allowed for a threshold (see table above), he can complete the at-bat without the penalty on days of rest, as long as he does not pitch to another batter. In this situation, the number of pitches corresponding to the threshold reached will be indicated on the pitching log.

The coach or manager needs to acknowledge this to the umpire at this moment prior to the next pitch. Umpire would then notify the scorekeeper.

B) When the pitcher reaches the maximum number of pitches allowed (75, 85, 95, 105 and 115 pitches) during a day during a batters at-bat, he is allowed to complete the at-bat and must be replaced following that batter.

- (9) Only pitches actually thrown will be included in Pitch Count totals. Automatic balls during an intentional walk do not count towards Pitch Count totals. Example; if during a count of 2 balls - 0 strike, a team signals to the umpire that a batter will receive an intentional walk, only 2 pitches will be counted for pitch count.
- (10) Required Rest shall be defined in "Days" starting at 12:01am and ending at 11:59 pm of the next calendar day.

**ASSAF**  
EDUCATION THROUGH SPORT

Game Date: \_\_\_\_\_

Game Time: \_\_\_\_\_

Field: \_\_\_\_\_

[illegible][illegible]

DAILY PITCHES						Daily Max
	No Rest	1 Day Rest	2 Days Rest	3 Days Rest	4 Days Rest	4 Days Rest
U18	1-40	41-55	56-70	71-85	86-105	105
U15	1-35	36-50	51-65	66-80	81-95	95

**Home Coach Signature:** \_\_\_\_\_

**Visiting Coach Signature:** \_\_\_\_\_