

METRO HIGH SCHOOL BASEBALL 2022

FIELDS

Beazley
BJ Higgins
Conrad
Woodside 2

EXTRA COST PER TEAM

1 Dozen baseballs
1 Set of bases

We have a few extra days on the schedule for rained out games.

ADDED RULES

Coin flip for all regular season games. In the playoffs the team with the better seeding is home team.

If regular season games end tied after 7 innings, the game will be recorded as a tie.

Playoff Format- Top 3 teams from division A & B and top 2 from division C make the playoffs.

Please refer to baseball rules specific to SSNS, rules of baseball, BNS pitch count forms. The League will follow the rules and regulations as defined by BNS 18U AAA with SSNS specific regulations. Grade 10 players will follow 15U guideline. **New pitch count rules are in effect, Baseball Canada page cc9 (3),(4) and (5), A pitcher's 2 day count cannot exceed 105 and a pitcher's combined 4 day count cannot exceed 150.**

Teams will be permitted to use a DH. No re-entry rule is in effect.

Pitch count rules have been added with the schedule, please follow for the safety of the players.

If a player or coach is written up by the Umpires Association that person will be suspended from any further games.

ASSISTANCE NEEDED WITH THE FOLLOWING:

Teams slated for the first game each night can help with field set up. For example, lining the field and placing bases. As well, teams playing in the late game will need to work together to get the bases.

Lights at BJ Higgins and Conrad will come on automatically, Beazley and Woodside you need to push a button in the light box.

The BJ Higgins field will have a liner, flour and bases in the box, on the 3rd base side, code is 2723. Please make sure to lock it when finished. Beazley the bases are in the old club house and Jack will line the field. Woodside and Conrad you the coaches will need to bring the necessary items for those games.

We will need liners to line the baselines, flour supplied. I will try and drop off flour each night or give a bag to each coach.

Each team supplies their own baseballs, bases and first aid kit.

All scores and pitch counts must be reported to League official or your AD by noon the following day.

League Official- Eddie Longaphy 902-483-5860 or at edlongaphy@ns.sympatico.ca