

## **Metro High School Girls Soccer League 2025-26**

### **1. League Format:**

- A. Format is 14 teams for girls playing a 3 tier system. JL Ilsley will join in for regional play downs as 12<sup>th</sup> team.
- B. 10 games per team with 5 home games and 5 away games for all three Division 1 will play each team twice. Division 2 and 3 will play each team in their division twice and once against the other division. 3 points for a win and 1 point for a tie.
- C. In case of a tie:
  - 1. Head to head scores (games between tied teams).
  - 2. Goal Ratio: number of goals for divided by number of goals against. (Only a max. of 5 goals/goal differential will be recorded per game).
  - 3. Cards (team with the least amount of cards moves on).
  - 4. Coin toss.
- D. All teams make the girls play-offs. Top 2 get a bye to semi finals. 9<sup>th</sup> place team plays 12<sup>th</sup> place team and 10<sup>th</sup> place team plays 11<sup>th</sup> place team for the final two spots in the round of 10. Then next round 3 vs. 10, 4 vs. 9, 5 vs. 8, 6 vs. 7.
- E. Winners advance and will be seeded again. 2 Winners advance to Semi finals.  
Lowest seed plays 1<sup>st</sup> place team. 2<sup>nd</sup> place plays the higher advancing seed. Championship game played between the 2 winners to determine the Metro and Regional champions. The top 4 teams will advance to a Provincial qualifier. Winner of the qualifiers move on to Provincials.

### **2. Responsibilities of the Home team:**

- A. Provide game sheet (some will be given out at the coaches meeting).
- B. Provide 2 quality game balls.
- C. Referee fees will be paid up front so there will be no paying refs at the field.
- D. In case of a tie the home team reports the score to the coordinator and the paper. The Chronicle phone number is 426-2812. Email is [sports@herald.ca](mailto:sports@herald.ca)

### **3. Responsibilities of the winning team:**

- A. **Report score to the Chronicle Herald.** Make sure you include the keepers shut outs and who scored for both teams. There will be a website to input the scores as well. We will be using Grayjay this year for our league.
- B. Email the game results to the league co-ordinator within **24** hours of the game. Include any cards indicated on the game sheet. It is the **COACHES** responsibility to keep track of their own team's cards.
- C. Boys Co-ordinator is John Zorchyta (902) 475-7956 [johnz@udfc.ca](mailto:johnz@udfc.ca).

- D. Girls Co-ordinator is Roy Snook 457-8900, Fax 457-8980, (902) 483-9639 [rsnook@hrce.ca](mailto:rsnook@hrce.ca).
- E. Fax or picture via email, the game sheet the next morning to the co-ordinators.

4. **Responsibilities of the away team:**

- A. In case of conflicting jersey colors, the away team will change their uniforms or wear pinnies. Make sure you have a set of 11 of the same color.

5. **Rescheduling games:**

- A. Due to the complexity and short duration of the schedule - it is very difficult to entertain individual team requests once the season has started. Therefore, it is up to the individual teams to try to work out solutions to game conflicts. **Your first responsibility is to the league schedule!!**
- B. If it is necessary for a game to be rescheduled the team cancelling the game must first get approval from opposing coach and establish an agreeable time to play the game. If you cannot agree on a game time you must contact the co-ordinator.
- C. The **team cancelling** the game is responsible for: immediately contacting the co-ordinator about the schedule change. The coordinator will cancel the field booking. (You will be billed for referees and maybe the field time!), The Co-ordinator will reschedule the referees for the new game. If a game is not completed the team that initiated the cancellation shall forfeit the game. The game will be recorded as a 5-0 for the opponent. In that event that a team does not show up for a game the same will take place.
- D. All girl's games must be completed by October 17, 2025. \*\*\* **Any team that forfeits a game or is unable to make up any of the league scheduled games before the above dates for round robin play, may forfeit their right to go to playoffs. This is to protect the league schedule and to prevent teams from deciding not to play scheduled games.**

6. **Play-offs:**

- A. League play-offs for girls will consist of 12 teams. Teams 9 vs. 12 and teams 10 vs. 11 games will be Monday October 20, 2025. Winners advance to the 9<sup>th</sup> and 10<sup>th</sup> place teams. The top 10 start Tuesday October 21st, 2025. The top 2 seeds get a bye to semi-finals. The number 3 seed plays number 10 seed, number 4 seed plays number 9 seed, number 5 seed plays number 8 seed, and number 6 seed plays number 7 seed. Winners advance and will be seeded again. They will play Wednesday, October 22nd, 2025. Winners advance to Semi finals. They are Friday, October 23rd and finals are Saturday, October 24th, 2025.

**Top 2 teams will advance to a Provincial qualifier. Top team will host a qualifier and the other will travel for a qualifier.**

**Thank you in advance for your co-operation! Good Luck to all teams!!**