

## **The Metro High School Athletic Association**

**Date: Wednesday September 3rd, 2025**

**Time: 2:00 p.m.**

**Location: JLI High Rm. 102**

<http://mhsaa.ednet.ns.ca/>

### **Attendance:**

Steve Harris	CPA	Scott Pellerine	BVHS
John Gallant	ES	Ben Ur	ARM
Roy Dempsey	WL	Cohen Reddick	CHHS
David Algee	JLI	Roy Dempsey	PA
Jessie Pothier	DHS	Donna Duggan	NSSAF
Ami Nixon	CIT	Cristen Young Keeney	LVH
Angela Dale	MW	Alex Dawe	ESM
Vanessa Pike	IV	Mike Smeltzer	HWHS
Justine Colley - Legere	HGS	Tommy Boudreau	SOMM
Emily Bell	WB	Stephen Gallant	SSNS
		Jerome Sparks	CHHS

### **Sends regrets:**

Josh Marshall	HCA	Ross Burns	SHAM
Peter Moores	SH	Kevin Wheatley	AUB
Mary Coughran	SHS		

#### **1. OPENING**

The meeting opened at: 2:08 p.m.

#### **2. INTRODUCTIONS**

Introductions were made for the new participants, and the meeting was chaired by Dave Algee.

Stephen Gallant made an introduction and gave out Spectator Code of Conduct banners to each school. He was available to answer questions. He discussed the set up of divisions, based on population, and said there is no "grace year" for schools that may have to move up a division. The start of the football season was discussed as well, that is the one sport allowed to start two weeks before school starts. This is because of safety reasons, in terms of students learning how to tackle properly before the league starts. Rationale for the divisions (two) were discussed for football as well. Hockey Provincials will be moved to 6 teams this year, both boys and girls. If you are going to host the Provincials for hockey there will not be a bidding process like it was in the past, it will be the Regional winner that will host, SSNS is looking into securing ice now for the regions who will have to host this year.

**3. APPROVAL OF MINUTES**

Moved: Mike. S

Seconded: Roy D.

**4. FINANCIAL REPORT**

Chequing: \$ 28862.20

Equity Shares: \$ 10.00

Savings: \$ 360.37

Shares: \$3025.49

Donna went over all the schools who still owe money from last year.

**5. CORRESPONDENCE**

None

**6. BUSINESS ARISING FROM THE MINUTES:**

None

**7. REGIONAL DIRECTOR'S REPORT:** Donna Duggan gave a verbal report, Welcome back to everyone. AD contact information that is on the Mero website will be removed, it now will just be our name and school, as per what HRCE is doing on school web sites. We are still looking for a girls' basketball coordinator. Donna went over the sites and dates in our region for this year. All those dates are now up on SSNS website, make sure to check those out. Be sure to have fields and gyms booked if you are hosting or organizing any of these, or regional events. If you are covering a large season sport, metro will cover one sub day, please make sure the day is in your season. Touch base with (Donna) for this. Coaches will need to have the "Safe Sport" module completed on the SSNS website.

## **8. COORDINATOR'S REPORTS**

### **Boys Hockey** – WL: Roy Dempsey / Dan MacDonald

League meeting will be September 9th at Woodlawn - 7 pm, I will send out an agenda before that meeting.

### **Girls Hockey** - BVH: Scott Pellerine

I would like to have a list of confirmed girls' teams for this year by Friday September 12th, tryouts can start on Friday September 12th. Season games will begin on October 14th. I will plan on having a coaches meeting near the end of September, I need to manually do the schedule, so teams need to be confirmed with all ice times by September 12th. As mentioned last year Avon View will be in our league and we will do a home and home round robin among all teams this year.

### **Boys A Soccer** – AUB: Kevin Wheatley / John Zorchyta

Metro Boys & Girls A Soccer League coaches meeting this evening (Wednesday) September 3rd at Halifax West at 7pm.  
Meet in the cafeteria.

### **Girls A Soccer** – HW: Mike Smeltzer/ Roy Snook

Metro Boys & Girls A Soccer League coaches meeting this evening (Wednesday) September 3rd at Halifax West at 7pm.  
Meet in the cafeteria.

### **Girls B Soccer** – IV - Venessa Pike

Vanessa got a list of teams; she will get information out next week about a meeting.

### **Boys B Soccer** – ARM - Ben Ur

Ben got a list of teams, meeting will be September 6th 6:30 on- line, information will be sent out for this.

### **Girls A Volleyball** – SHS: Mary Coughran

Not present.

### **Boys Volleyball** – DHS: Jessie Pothier/Peter Haley

Sept 15th is the last day to register your team for the league. September 16th will be a meeting online; info will be sent out for this.

### **Girls B Volleyball** – JLI: Dave Algee

Dave got a list of teams and went over the set up used from last year.

### **Golf** – HG: Justine Colley - Legere/ Darrell MacInnis

2025 Golf Regionals which will be held on Tuesday September 23 @ Granite Springs, Bayside starting at 8:30am, split tee times. An information package was sent out to all ADs.

**Baseball – ESM: Alex Dawe**

Hope to get the schedule out sooner this year. Games will start on September 16th. Hope the games are spread out more this year, less driving for teams. Alex collected a list of teams, at this point we only have one league, and no “girls division” as of now. Today was the first all ADs present have heard that there is a possibility of SSNS offering girls baseball provincials.

**Cross Country Metro and Regional – CPA: Steve Harris/ Colleen Harris**

Metro Series Meets:

- Thursday, Sept.18 - Hemlock Ravine
- Thursday, Sept.25 - Point Pleasant Park
- Thursday, Oct.2 - Sir Sanford Fleming Park "The Dingle"

\*\*\*These races are all afterschool as usual

Capital Region Championships:

Thursday Oct.9 - Point Pleasant Park

\*\*\*This is a during the day event

An information package will be sent out later this week. Metro series will only be intermediate and Senior, grades 9 to 12. Regionals is open up to Juniors as well, make sure to have athletes registered on Trackie by the dates outlined in the information package.

**9. New Business**

The boy's basketball meeting will be at CPA sometime in the middle of October. Steve will send out information for this in a few weeks.

Donna mentioned to please make sure you look at and follow the start up dates outlined on the SSNS website. It is mandatory that we all follow those.

**Adjournment:**

Meeting Adjourned at 4:10pm

Moved: Roy D.

Seconded: Steve H.

**Next meeting** Thursday October 23rd (Day before Conference Day) JLI. 1:30 start.

Respectfully submitted,

Scott Pellerine  
Secretary