

The Metro High School Athletic Association

Date: Tuesday February 3rd, 2026

Time: 1:30 p.m.

Location: J.L.Ilsley High School

<http://mhsaa.ednet.ns.ca/>

Attendance:

Scott Pellerine	BVHS	Donna Duggan	SSNS
Cristen Young Keeney	LVH	Ben Ur	ARM
Steve Harris	CPA	Kevin Wheatley	AUB
David Algee	JLI	Angela Dale	MW
Mary Coughran	SHS	Mike Smeltzer	HWHS
Justine Colley - Legere	HGS	Adam Mayo	DHS
John Gallant	ES	Venessa Pike	IV
Ami Nixon	CIT	Jerome Sparks	CHHS
Jessie Pothier	DHS	Emily Bell	WB
Dan MacDonald	WL	Cohen Reddick	CHHS
Tommy Boudreau	SOMM		

Sends regrets:

Jen Durette	SHAM	Josh Marshall	HCA
Peter Moores	SH	Alex Dawe	ESM

1. OPENING

The meeting opened at 1:42 p.m.

2. INTRODUCTIONS

Introductions were made for the new participants, and the meeting was chaired by Dave Algee.

3. **APPROVAL OF MINUTES**

Moved: Dan M.

Seconded: Steve H.

4. **FINANCIAL REPORT**

Cheq.: \$ 25 775.02

Sav: \$ 360.37

Shares: \$ 3025.49

Equity: \$ 10.00

The list of schools who still have Metro fees and soccer fees not paid.

5. **CORRESPONDENCE**

None

6. **BUSINESS ARISING FROM THE MINUTES:**

Motion to change the current Metro Appeals policy results: For - 18 Against - 0

Motion Passed

7. **REGIONAL DIRECTOR'S REPORT:** Donna Duggan gave a verbal report...

Thank you to all coordinators, and for the basketball regional coordinators that are starting up now. Hope you have your February workshop proposals if you have any, make sure to get those in. Snowboarding is coming up and Dan Ray is in his last year with it. If anyone would like to take it over this year it would be good to team up with Dan and see how the event is run. Make sure all coaches have completed the safe sport module, please make sure to get the basketball recording sheets in, especially focused on recording games you have had outside of our region. A list of Provincials hosted here this year for winter sports was covered, with sites and dates. Donna went over the dates for Track and field as well as some spring sports that are being hosted here.

8. **COORDINATOR'S REPORTS**

Boys Hockey – WL: Roy Dempsey/ Dan MacDonald

We are in the last week of the regular season, Dan brought up the rule for using the rinks when we have snow days, Principals discretion for each school. Regionals are set for the final 4 at the Sackville arena, playoffs for our league start next week.

Girls Hockey - BVHS: Scott Pellerine

All going well. Congratulations to Woodlawn for capturing the Metro Banner this year, Regional Playoffs will start next week. All schools are asked to be ready for quick scheduling of games and the possibility of playing a game on another team's ice, especially if we get weather that cancels school.

Boys A - Basketball - CPA: Steve Harris

Thank you to everyone for all the good communication through the season. We are now caught up with all games being rescheduled. Live link is updated. You will need to have a working shot clock to host a playoff game. There have been more player and coach ejections this year, it is good for players and coaches to go over and be aware of the rules associated with SSNS and suspensions. In our region the top three teams will go to Provincials and the fourth-place team will have a play-in game. Our league championship will be at Dalplex, I am hoping that the gate will cover that. If it is not covered, a small fee may be charged to the schools in the game.

Girls A - Basketball - WB: Emily Bell

We have been lucky so far with avoiding snow days. We are almost set now for playoffs, but the placing is very close and many games this week will move teams. If you think your school might be hosting the finals, please have Thursday the 19th booked. It may be at Dal Plex with the boys game, but that is not set yet.

Boys B - Basketball - SH: Peter Moores

Going well, message sent in by Peter.

Girls B - Basketball - CH: Jerome Sparks

Thanks to all teams for the cooperation all season, and the Gray Jay website is going very well, and makes things much easier for me.

Playoffs are coming up soon, February 12th to 19th. A tentative date in March is set for an all-star game, more information to follow.

Curling - CPA: Steve Harris/Greg Doyle

Greg has sent out dates of Feb 24th, 26th and 27th at CFB Halifax. Schedules have been sent out to Donna and will be out soon to all by Greg as well.

Skiing - BVHS: Scott Pellerine/ Derrek Nicholls

Derrick sent this information out to all contacts he had from last year on January 20th

CAPITAL REGION SKI SEASON 2026

Dates: Races are at Ski Wentworth

Race 1 Feb 4th, 2026 - Cancelled - This race is now made up on day 2 and day 3.

Race 2 Feb 11th, 2026

Race 3 Feb 25th, 2026

Storm dates to be determined.

Metro and Capital Region Banners will be given out at Provincials or sent to the schools.

Provincials March 4th @ Wentworth

Day Format: Halifax regions inspection will start after the Northern region completes their race. The estimated start time of the actual race is 12 noon. This could be much earlier depending on the number of Northern region racers.

Halifax setup will begin at 8:30-9 am with a coaches meeting. The bibs distribution will begin once the start list is verified by each school. Racers can pick up their bib at the base of the hill after their warmup runs from their coach. Each school will keep the race bibs for their racers over the three race series. Please make sure all racers are on the Race 1 start list even if they are not racing in the first race. Inspection will follow the Northern Race, once inspection is complete, the race will begin with 2 runs back-to-back. If resetting is needed, you will be advised on the hill. Ski provincials are set for March 4th at Wentworth Start time 8:30am. More info to follow...

Snowboarding - AUB/CIT: Kevin Wheatley/ Dan Ray

Dan will be done as the coordinator this year. Keep that in mind, we will need someone to take it over next year. He is working on what the fees are this year but still working on it. He hopes the fees will be close to the same as last year. No Provincials for snowboarding, just the regionals.

Badminton (County) - LOCK: Cristen Young Keeney

The dates are March 31st Intermediate and April 1st Senior.

Badminton (City/Regional) - CIT: Ami Nixon

The dates are March 31st Intermediate and April 1st Senior. Regionals are April 8th.

Boys Rugby - CPA: Steve Harris/ Brad Boudreau

A joint coaches meeting (Boys and Girls) will happen on March 9th, details to follow soon.

Girls Rugby - AUB: Kevin Wheatley

Our practices can start this week. Some fees will go up this year. We will not be paying officials at the field this year. It will be a bill from Kevin that your school will pay for all expenses. There are two tiers, a 15's in tier one and a 10's for tier 2 and no Provincials included for that tier.

Wrestling- SHS: Mary Coughran/ Mike Lidstone

There is a tournament at SHS and information was sent out this week. Regionals are in Antigonish this year.

9. New Business

Scott Pellerine - BVHS -Ringette Tournament - May 1st-3rd (first choice), OR May 8th - 10th 2026, at SMC. Any objections to these dates?

No objections to May 1st to 3rd, it will most likely happen then. More information to follow.

Alex Dawe - Mosaique - Rugby - In the SSNS rules for rugby, it is clearly stated that grade 9s are not eligible to play in rugby 15s. However, I have heard that there are schools with teams in the 10s league that allow grade 9s to play. As some schools have a hard time fielding a team, I want to clarify this rule with other ADs and conclude on how we should police this, and if we should be lenient for smaller schools?

The rule is that grade 9's are not allowed to play in 10's and 15's. SSNS does not run 10's only 15's. It should be the same for both leagues.

Discussion of Seniors night especially in hockey. This takes up ice time (officials are complaining) at the length of these. Should this be allowed? Do we need some guidelines in place for this? Keep in mind these ceremonies should be in reason, always keeping the game start time in mind.

Adjournment:

Meeting Adjourned at 2:51 pm

Moved: Justine C.L.

Seconded: Angela D.

The next meeting will be at J.L.I High School *Monday March 30th 1:30pm. Regular school day.*

If you have anything you wish to add to the agenda, please contact Dave Algee or Scott Pellerine one week prior to the next meeting.

Respectfully submitted,

Scott Pellerine