

**The Metro High School Athletic Association**  
**Monday March 30<sup>th</sup>, 2026**

Location: **J.L. Isley High School - Rm 102**

Start Time: 1:30pm

[Metro Athletic Association Website](#)

**Attendance:**

Scott Pellerine	BVHS	Donna Duggan	SSNS
Justine Colley-Leger	HGS	Ami Nixon	CIT
Adam Mayo	DHS	Ben Ur	ARM
David Algee	JLI	Peter Moores	SH
Mary Coughran	SHS	Angela Dale	MW
John Gallant	ES	Alex Dawe	ESM
Emily Bell	WBHS		

**Sends regrets:**

Josh Marshall	HCA	Jen Durette	SHAM
Steve Harris	CPA	Venessa Pike	IV
Jerome Sparks	CHHS	Kevin Wheatley	AUB
Dan MacDonald	WL	Tommy Boudreau	SOMM
Mike Smeltzer	HWHS	Cristen Young Keeney	LVH

**1. OPENING**

The meeting opened at 1:45 p.m.

**2. INTRODUCTIONS**

Welcoming introductions were made for all participants, and the meeting was chaired by Dave Algee.

**3. APPROVAL OF MINUTES**

Moved: Angela D.  
Seconded: Emily B.

4. **FINANCIAL REPORT**

Cheq.: \$ 26 713.54

Sav: \$ 36.37

Plan 24: \$10

Shares: \$ \$3 025.49

Donna went over schools that still owe fees to Metro. All present were notified.

5. **CORRESPONDENCE**

None

6. **BUSINESS ARISING FROM THE MINUTES:**

None

7. **REGIONAL DIRECTOR'S REPORT:** Donna Duggan gave a verbal report: Thank you to everyone for all that you are doing. Thank you to all the people who looked after regionals for basketball at all levels. Also thank you for the hockey leagues, snowboarding, curling, and skiing. Donna mentioned all names involved to thank all of the individuals from many schools. Remember to input items for rule changes to any sport now for the workshop. There is a form on the SSNS website to do this. Make sure coaches have "safe sport" and "making headway". Donna went over the Provincials that are still to be hosted in our region. Our next meeting is April 29th and that is a PD day and the final meeting is June 18th.

8. **COORDINATOR'S REPORTS**

A) **Boys Hockey – WL:** Roy Dempsy / Dan MacDonald

Dan sent regrets. He sent out an email to coaches today about the league scholarship. All seemed to go well this year for boys' hockey.

B) **Girls Hockey- BVHS:** Scott Pellerine

Congratulations to Woodlawn this season for capturing the Metro banner and the Regional banner. Thanks to Mike Kennedy for organizing and running the All - Star game this year. I do think this is Mike's last year doing this, we will need someone next season to do this and get all the jerseys from Mike. I am still waiting for the invoices from officials. When I get those sent to me I will send out invoices for each school. When you get those please send them off as soon as possible to my school so I can wrap up the accounts for this season.

Next season I will be stepping down as the league coordinator. It would be good to have someone in place before next year in order to get an idea of the league needing to be tiered again or continue as it did this year with home and home series. I will be available

early next year to help with the transition if needed. I was also informed that Avon View will not return next year to our league. I think it might be good to just have teams from Metro only in our hockey league.

**C) Boys A - Basketball - CPA:** Steve Harris

Steve sent regrets. All seemed to go well this year.

**D) Girls A - Basketball - WB:** Emily Bell

A few small issues, but overall, everything went well. Just getting things in place now for the All-star game. When that is done, we are officially done.

**E) Boys B - Basketball - SH:** Peter Moores

All went well, congratulations to West Bedford.

**F) Girls B - Basketball - CH:** Jerome Sparks

Jerome was absent. He sent a message to Dave stating Sommet is hosting an all-star game tomorrow, and schools will be invoiced for this.

**G) Curling - CPA:** Steve Harris/Greg Doyle

Steve sent regrets. Nothing from Greg. All seemed to go well.

**H) Skiing - BVHS:** Scott Pellerine/ Derrek Nicholls

A lot of storm days this year. No update from Derrick, but all seemed to go well.

**I) Snowboarding - AUB/CIT:** Kevin Wheatley / Dan Ray

Kevin was absent. As far as we know all went well. We will need a coordinator for this next year.

**J) Badminton (County) - LOCK:** Cristen Young Keeney

Cristen was absent. The tournament is tomorrow and Wednesday.

**K) Badminton (City/Regional) - CIT:** Ami Nixon

The tournament is tomorrow and Wednesday

**L) Boys Rugby - CPA:** Steve Harris/ Brad Boudreau

Steve sent regrets. Brad has sent out invoices and information. Schools present discussed grade 9 students being able to play in the 10's league. Rugby Canada has a rule that says there is not allowed to be more than a three-year gap between players' ages, but this rule is written for a 15's league. It was brought up that if your school is playing in the 10's league, and Principals are fine with it, the grade 9's may be able to play in the 10's league. Mary mentioned they would be covered by SIP. Do officials have to follow Rugby Canada guidelines if they are certified through Rugby Canada? If so, there is not allowed to be more than a three-year age gap between participants. Dave is going to send an email to coordinators to investigate this. It was discussed at our last

meeting, and we thought it was decided that grade 9's cannot participate, but Dave will find out for sure.

**M) Girls Rugby - AUB:** Kevin Wheatley

Kevin sends regrets. Season gets underway this coming week.

**N) Wrestling - SHS:** Mary Coughran/ Mike Lidstone

It was only a Provincial championship. Mary is going to book gym time for next year now.

**O) Indoor Field Hockey - ARM:** Ben Ur

We have 11 teams this year, invoices will be sent out today. All going well.

**P) Ringette - BVHS:** Scott Pellerine / Stacey Sloan

Tournament is May 1st, if you have a team, you should have registered them already with Stacey Solan. Information was sent out last month about this tournament.

**Discussion on combining schools:** (We as ADs should know the rules and follow SSNS handbook). We need to think of the "spirit" of the rule. It is in place for a smaller school to be able to combine with another smaller school, with about an equal number of players from each school if possible, so they can participate in a school activity. It should not be used for one or two players from one school who already most likely play this sport all year in a league, to be able to play in one more tournament.

**Q) Box Lacrosse - MILL:** Angela Dale/Michael Kennedy

The schedule is done now, and it will be up on the Grey Jay site soon, April 13th is the start date. The SSNS rules will be followed as well as the Lacrosse NS rules for suspensions. These suspensions may carry over into other high school sports and league lacrosse games. Mike will not be doing this next year; we will need another coordinator.

**R) Table Tennis - IV:** Vanessa Pyke

Vanessa was absent. No update provided.

**S) Boys and Girls Slo-Pitch - MILL:** Angela Dale

Email was sent out already, please fill out the Google form to register. I have two fields in Dartmouth and Springfield Lake for Provincials. It is the same as track dates, but they alternate for County and City opposite of Track days.

**T) Track and Field - HW/ CIT:** Donnal Duggan/ Jason Murphy

Coaches meeting April 15th on Wednesday 7pm at Halifax West.

**9. New Business**

Rugby Question will be investigated by Dave.

**Adjournment:**

Meeting Adjourned at 3: 25 pm

Moved: John G.

Seconded: Angela D.

**The next meeting will be April 29th 9:30 at JLI room 102.**

If you have anything you wish to add to the agenda, please contact Scott Pellerine one week prior to the next meeting.

Respectfully submitted,

Scott Pellerine