

The Metro High School Athletic Association

Date: Wednesday September 2nd, 2026.

Time: 1:30 p.m.

Location: JLI High Rm. 102

<http://mhsaa.ednet.ns.ca/>

Attendance:

Steve Harris	CPA	Scott Pellerine	BVHS
John Gallant	ES	Ben Ur	ARM
Roy Dempsey	WL	Cohen Reddick	CHHS
David Algee	JLI	Peter Moores	SH
Adam Mayo	DHS	Donna Duggan	SSNS
Ami Nixon	CIT	Mary Coughran	SHS
Angela Dale	MW	Alex Dawe	ESM
Peter Dulhanty	IV	Dave Burgess	HWHS
Justine Colley - Legere	HGS	Jerome Sparks	CHHS
Emily Bell	WB	Stephen Gallant	SSNS
Kevin Wheatley	AUB		

Sends regrets:

Josh Marshall	HCA	Ross Burns	SHAM
Cristen Young Keeney	LVH	Tommy Boudreau	SOMM

1. OPENING

The meeting opened at: 1:40 p.m.

2. **INTRODUCTIONS**

Introductions were made for the new members, and the meeting was chaired by Dave Algee. Stephen Gallant from SSNS addressed questions about some important changes this year in some sports and dates. He mentioned that the female flag football will hold provincials between rugby and track. The start date for flag football will be February 1st. Rugby 7's will be offered this year as well, students are only able to play one of 15's or 7's, not both.

3. **APPROVAL OF MINUTES**

Moved: John G.

Seconded: Peter D.

4. **FINANCIAL REPORT**

Chequing: \$ 17 159.82

Equity Shares: \$ 10.00

Savings: \$ 3025.49

Plan 24: \$30.40

Donna went over all of the schools who still owe money from last year.

5. **CORRESPONDENCE**

Football Start Up/ Student Transfers- Dave Algee -

Dave mentioned that football always starts before school comes back. Sometimes issues come up in mid August when football starts. At this date there is often no staff back at schools until the last week of August. When students are at other schools, not at their school where they were registered in June, what will happen with SIP? Stephen mentioned that students are not able to start training camp, and move to another school, SSNS rules follow what the regional centres follow. The students must be registered at that school before they start training camp. Next year students will need to sign a form at the beginning of football training camp and state what school they are registered at. Students will not be able to practice with a team until they are registered at that school, if they are at a training camp and not registered, they will not be able to practice at all until they are. A practice is a school event, and only students registered at that school should be taking part. This rule does apply to every sports team.

6. **BUSINESS ARISING FROM THE MINUTES:**

None

7. **REGIONAL DIRECTOR'S REPORT:** Donna Duggan gave a verbal report, Welcome back to everyone. Donna went over the Sites and Dates for our region for this year. All of those dates are now up on SSNS website, make sure to check those out. Be sure to have fields and gyms booked if you are hosting, or organizing any of these, or regional events. If you are covering a large season sport, metro will cover one sub day, please make sure the day is in your season. Touch base with me (Donna) for this.

Coaches will need to have the “Safe Sport” module completed on the SSNS website. An AD contact list was sent out, make sure to let Donna know of any issues with this. Remember that all metro leagues are two tiers, an A league and a B league. Divisions only happen with SSNS regionals.

8. COORDINATOR’S REPORTS

Boys Hockey – WL: Roy Dempsey / Dan MacDonald

September 11th is the first time you can be on ice. John G, mentioned that he is willing to come out to officiate pre-season events for your school. The coaches meeting on the 9th or 10th of September info will be sent out this week to confirm.

Girls Hockey - - We still need a coordinator for this league. Please talk to your coaches and if you have any interest in your school for this position, please reach out to Dave Algee.

Boys A Soccer – AUB: Kevin Wheatley / John Zorchyta

There will be a **Soccer Coaches Meeting Thursday, September 3rd at 7pm** in the West cafeteria for both **Boys and Girls**. The season will start September 9th.

Girls A Soccer – HW: Dave Burgess/ Roy Snook

There will be a **Soccer Coaches Meeting Thursday, September 3rd at 7pm** in the West cafeteria for both **Boys and Girls**.

Girls B Soccer – ARM - Ben Ur

We have eight teams this year, we are still waiting for coaches information for a few teams.

Boys B Soccer – ARM - Ben Ur

Still waiting on gathering some coaches information as well. Please send this along if you have a team in this league.

Girls Volleyball – SHS: Mary Coughran

Coaches meeting is Wednesday Sept 9th 7:30 at SHS. Please have someone there from your school. We will not be holding games before 6 this year, Last year we had some issues with the 4pm starts.

Boys Volleyball – DHS: Adam Mayo/Peter Haley

Coaches meeting is September 10th a virtual meeting, and the league will start on the week of September 20th.

Girls B Volleyball – JLI: Dave Algee

Dave got a list of teams and went over the set up used from last year.

Golf – HG: Justine Colley - Legere/ Darrell MacInnis

2026 Golf Regionals which will be held on Tuesday September 22nd @ Granite Springs, Bayside starting at 8:30am, split tee times. Coaches package has been sent out. You will have to have your team information in by the 18th.

Baseball – ESM: Alex Dawe

Hopefully next week we will be able to send out a schedule. Please let coaches know that this is a short season, and many sports are happening. If you have students in other sports you are still expected to make it to your baseball games as well as the other sports, we want to avoid forfeits. Discuss suspensions as well with coaches. Two games is a lot when you may only play four or five games.

Girls Baseball – MILL - Angela Dale

Angela collected a list of teams for this year and it seems like we have quite a few more teams than last year. This really affects the schedule. Please let me know by Tuesday if you have a team or not.

Cross Country Metro and Regional – CPA: Steve Harris/ Colleen Harris

Metro Series Meets:

- Thursday, Sept.17th - Hemlock Ravine
- Thursday, Sept.24th - Point Pleasant Park
- Thursday, Oct.1st - Sir Sanford Fleming Park "The Dingle"

***These races are all afterschool as usual

Capital Region Championships:

Thursday Oct.8th - Point Pleasant Park

***This is a during the day event

Provincial championships- Point Pleasant- Monday, Oct.19th (during day)

An information package will be sent out later this week. Metro series will only be intermediate and Senior, grades 9 to 12. Regionals are open to Juniors as well, make sure to have athletes registered on Trackie by the dates outlined in the information package.

9. New Business

None. We still need a girls hockey coordinator.

Adjournment:

Meeting Adjourned at 3:10pm

Moved: Angela D.

Seconded: John G.

Next meeting Thursday October 22nd JLI. 1:30pm.

Respectfully submitted,

Scott Pellerine
Secretary